



Project „Nordic+ Senior Golden Examples“, 2008–2010

RESEARCH OF SENIORS‘ PARTICIPATION IN TRAINING

SUMMARY OF FOCUS GROUPS

Comparing both focus groups participants interview we can notice a significant difference in learning needs between seniors of capital and the smaller city. The first and the second group participants talked about their hobbies, life experiences but in terms of learning new things, seniors of rural areas have been more critical. They don't want to learn something completely new but some of them would like to improve some already existing knowledge and skills. Seniors constantly emphasized the lack of health and energy which is obstacle for learning. Those who live in urban areas were much more ambitious to dream what they would like to learn and believe that it is able to implement that. Even now they learn languages, work on computers and are interested in everything.

There are some similarities between both focus groups participants – all of them are very active in public life: they create communities, actively participate in different clusters, unions, clubs, etc. They sing in ensembles and choirs, like traveling and celebrating together.

All seniors that participated in the research have favorite activities which they choose depending on place of residence and financial resources. Almost all the seniors like reading books but they choose it depending on area of interest (for example: detectives, novels). Not all seniors are able to visit theaters but they do it with pleasure. They visit cinemas less frequently and prefers alternative – watching films on TV.

Talking about desire to work in group with young people senior's opinions were different: some would like to work together, some – not and some would like to work in mixed groups only on special occasions. It should be noted that in the mixed groups agreed to work those who worked or still work with the people. Reluctance to work in a mixed group seniors based upon fear to look stupid and ridiculous behind the youth. The same reason encourages seniors to be interested in local environment, society's life, study and improve.